

## FLOUROSCOPIC PROCEDURES:

*(IV Sedation is available if requested)*

- ◆ Cervical Epidurals
- ◆ Thoracic Epidurals
- ◆ Lumbar Epidurals
- ◆ Caudal Epidurals
- ◆ Racz Catheter Procedures
- ◆ Cervical Facet Injections
- ◆ Thoracic Facet Injections
- ◆ Lumbar Facet Injections
- ◆ Lumbar Sympathetic Blocks
- ◆ Radiofrequency Denervation
- ◆ Cervical and Lumbar Facets
- ◆ Pulsed Radiofrequency to the Dorsal Root
- ◆ Lumbar Discography
- ◆ Intradiscal Prolotherapy Injection
- ◆ Distrode Electrode Therapy (IDET)
- ◆ SI Joint Injections
- ◆ Hip Joint Injections
- ◆ Prolotherapy Injections (Cervical, Thoracic, Lumbar Spine, Pelvis and Extremities)
- ◆ Fluoroscopically Guided Botox Injections
- ◆ Spinal Cord Stimulator Trials

The following is a list of major insurance plans with which we participate. Individual coverage may vary.

*Aetna*

*Anthem*

*Cigna*

*Healthkeepers*

*Medicare*

*Medicaid*

*Optima*

*Tricare Standard*

*Virginia Health Network*

*Workers' Compensation*

For more information, or to make a referral, please call

**(757) 422-2966**

[www.advancedspineandsports.com](http://www.advancedspineandsports.com)

**APM Spine and Sports Physicians**

JANAF Office

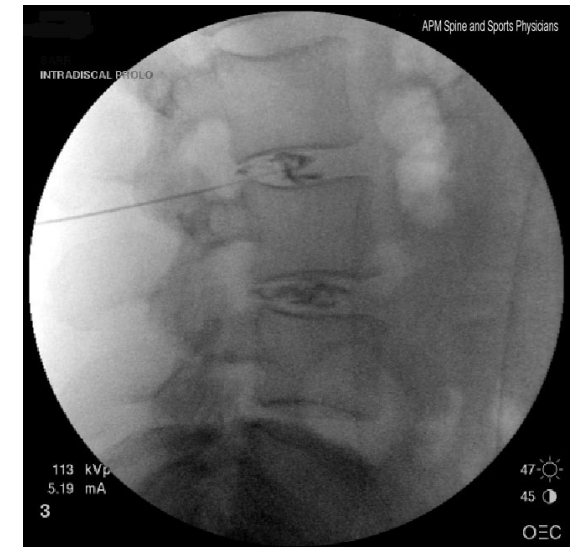
5665 Lowery Road  
Norfolk, Virginia  
23502

Hilltop Office

1788 Republic Road  
Virginia Beach, VA  
23451



**Your Resource  
for  
Interventional  
Pain Management**



**Lisa B. Barr, M.D.**

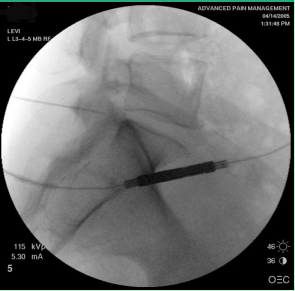
**Edward J. Walko, D.O.**

**Robert M. Spear, D.O.**

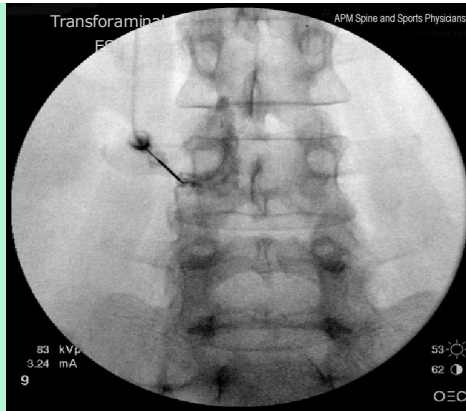
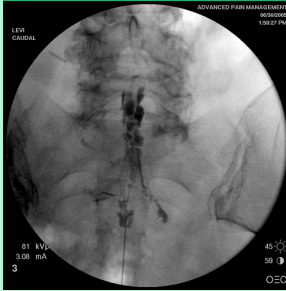
**David S. Levi, M.D.**

**Scott I. Horn, D.O.**

### Radiofrequency Lesion L5



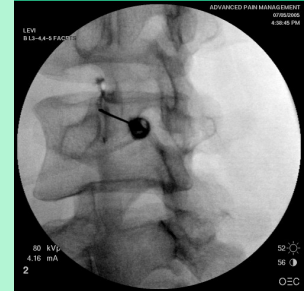
### Caudal ESI



### Lumbar Sympathetic Block



### Facet Joint Injection



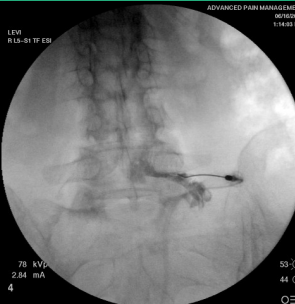
### Facet Joint Injection L5



### ACL Prolotherapy Injection



### Transforaminal ESI L5-S1



### Cervical ESI



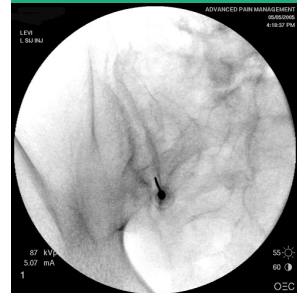
### Cervical ESI, AP View Posterior Fusion



### Intraarticular Hip Joint Injection



### SI Joint Injection



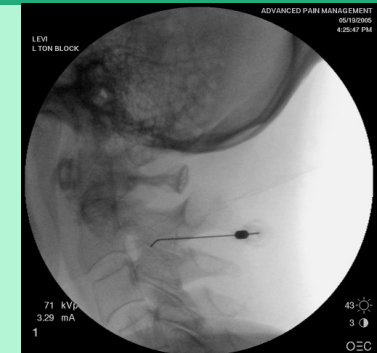
### Discogram



### Dorsal Column Stimulator Lead Placement



### Third Occipital Nerve Block



**APM Spine and Sports Physicians** offers a comprehensive approach to **Interventional Pain Management**. Our state of the art facilities are located at Hilltop in Virginia Beach and Lowery Road near JANAF Shopping Center in Norfolk . The Fluoroscopy Suites are fully equipped.

Our staff is well trained and provides convenient, prompt and friendly service. On the back cover of this brochure is a listing of the procedures we routinely perform .

*For further details, please see our website at [www.advancedspineandsports.com](http://www.advancedspineandsports.com)*

**CONTACT INFORMATION:** To schedule a patient, request a procedure scheduling form or speak with our procedure room staff **please call: (757) 422-2966.**

**Fax procedure requests directly to (757) 422-4563**

**For other medical inquiries, or to speak with one of our physicians or other clinical staff, please call (757) 422-2966.**

***When life's a pain, we are here to help!!***